



2022-23 ESC - All Conference Honors

Girls Soccer

Chinook Division

Coach of the Year: Sally Goodspeed, Overlake

Sportsmanship Award: Kings High School

League MVP:

School	First Name	Last Name	Grade	Jersey #	Position
Overlake	Siena	Verprauskus	12	8	D
SAAS	Lucy	Bishop	12	4	D

All Conference Team:

School	First Name	Last Name	Grade	Jersey #	Position
Bush	Sidney	Karjian	12	10	MF
Bush	Maddie	Kosloff	12	13	D
Bush	Elise	Trani	11	11	MF
Kings	Elli	Kimball	12	2	MF
Kings	Grace	Hansen	12	19	D
Kings	Claire	Helton	11	21	MF
Overlake	Caroline	Min	12	10	MF
Overlake	Audrey	Gruben	10	0	GK
Overlake	Celina	Kwon	12	12	MF
SAAS	Anica	Carpenter	11	GK	GK
SAAS	Addison	Bay	10	9	MF
SAAS	Rachel	Suh	12	13	MF
SAAS	Mollie	Verhasselt	10	26	MF
SWHS	Elizabeth	Haines	12	29	FW/MF
SWHS	Leniece	Gonzales	12	4	D

Coho Division

Coach of the Year: Ryan Byram, Bear Creek

Sportsmanship Award: University Prep

League MVP:

School	First Name	Last Name	Grade	Jersey #	Position
Bear Creek	Tatum	Jackson	9	15	F

All Conference Team:

School	First Name	Last Name	Grade	Jersey #	Position
Bear Creek	Rachel	Brown	9	20	MF
Bear Creek	Sophie	Kosted	12	28	MF
Bear Creek	Claire	Pruner	11	8	MF
Bear Creek	Lilah	Pruner	9	30	MF
CPC	Deandra	Dan	9	9	FW
CPC	Lucy	Mossett	11	17	D
CPC	Taylin	Laws	10	12	D
CPC	Morgan	Perrigoue	12	10	MF
Eastside Prep	Sam	Ryan	9	19	MF
Eastside Prep	Nicaia	Sharp	11	7	FW
Eastside Prep	Caroline	Zhuang	12	3	MF
Northwest	Charlotte	Colee	11	4	MF
Uprep	Eliza	Barton	11	10	MF

Sockeye Division

Coach of the Year: Aaron Burns, Sultan HS

Sportsmanship Award: Sultan HS

League MVP:

School	First Name	Last Name	Grade	Jersey #	Position
Sultan	Jessica	Roesler	12	16	MF

All Conference Team:

School	First Name	Last Name	Grade	Jersey #	Position
Forest Ridge	Jaya	Jordan	10	19	FW
Granite Falls	Elodie	Tait	9	14	MF
Granite Falls	Leyla	Munoz	10	7	D
Sultan	Shyann	Rylah	10	23	MF