



2022-23 ESC - All Conference Honors

Girls Basketball

Chinook Division

Coach of the Year: Quamere Kendall, Sultan HS

Sportsmanship Award: Overlake School

Chinook Division MVP:

School	First Name	Last Name	#	Grade	Position
Kings	Kaleo	Anderson	10	9	G

1st Team

School	First Name	Last Name	#	Grade	Position
CPC	Olivia	Decker	10	12	C
King's	Ava	Francisco	23	12	F
SAAS	Makaila	Johnson	24	10	F
South Whidbey	Isabelle	Wood	20	12	F
Sultan	Cascadia	Yates	21	10	F

2nd Team

School	First Name	Last Name	#	Grade	Position
Sultan	Taylor	Cushing	3	10	G
SAAS	Taya	Dukes	13	11	G
King's	Cat	Ellard	20	10	F
SAAS	Ila	Giblin	11	11	F
Sultan	Ranah	Rylah	15	10	G

Coho Division

Coach of the Year: Vic Smith, Eastside Prep

Sportsmanship Award: Bear Creek

Coho Division MVP:

School	First Name	Last Name	Grade	#	Position
Granite Falls	Regan	Furgeson	11	15	P

1st Team

School	First Name	Last Name	Grade	#	Position
Forest Ridge	Mia	Abanes	10	21	G
University Prep	Kori	Billingslea	10	20	G
Northwest	Keelen	Chen	12	5	G
Eastside Prep	Hazel	Goetsch	12	33	P
Eastside Prep	Abby	Miller	10	5	W
Bear Creek	Hannah	Schwartz	11	4	G